Newsletter



Celebrating Louie's Legacy



As family and friends of the Live for Lou Fund look back on the past nine years, we fondly contemplate the lives positively affected by your donations. With over \$135,000 donated over that nine year span, LFL has given to a variety of sobriety initiatives, such as Structured Outpatient Addition Support at OuterCape Health Services and local scholars pursuing addition counseling education.

This year we expanded our giving parameters based on a heartfelt email from a board member and friend, "Addiction affects the entire family. Due to addiction's impact, many of our families rely on the support provided by Katelynn's Closet [...]. Katelynn's Closet provides clothing (for all seasons, [and] to that end, I am asking that LFL make a donation to allow Katelynn's Closet to continue to support Cape Cod kids." We began thinking out of the box, and this year gave \$7,000 to three different charities, all focusing on the family and health: Cape Cod Children's Place , Katelynn's Closet, and WellStrong. (cont'd, pg2)

The three pillars on which Live for Lou is based consist of beauty, compassion, and athleticism. The below organizations represent compassion and athleticism, and because of you, Live for Lou has donated or pledged over \$135,000:

...\$55,000 to **OuterCape Health Services** for the Wellfleet Health Center, as well as their Office-Based Addiction Treatment (OBAT), Structured Outpatient Addiction Program (SOAP), and Recovery Coaches Initiatives.

...\$45,000 to local scholars pursuing **addiction counseling education** and returning to the Cape for their career, as well as high school graduates continuing to participate in athletics entering freshmen year of college.

...\$19,000 to **Gosnold for the Miller House** (Sober Living), Recovery Coaches, and Insurance Deductibles.

...\$7,500 to the **Community Development Partnership** for Client Placement at the Canal House (Sober Living).

...\$4,350 to Nauset Regional High School, Louie's alma mater, for their new Turf Project.

NEW Gifts

...\$3,000 to Cape Cod Children's Place for the FIRST Steps Together initiative.

...\$3,000 to **Katelynn's Closet** to general support for Cape Cod services, especially for those whose family are in recovery.

...\$1,000 to **WellStrong**, a fitness and wellness community on Cape Cod for people in recovery.

Live for Lou Fund PO Box 1567 Orleans, MA 02653



This year, rather than host an event at either the Beachcomber or the WelLFLeet Memorial Garden, we are going to take a step back to consider all that Live for Lou, through your generosity, has been able to accomplish.

We will formulate the vision for the upcoming years, with a focus how we can most impact Cape Cod in the areas of sobriety programs, family support, and educational scholarships. We will also create a vision for future events and consider impactful Community Partnerships.

Donations are still the lifeblood of our programs and very much appreciated. You can mail a check to the Live for Lou address (page 1) or scan the QR code right here. There will also be a sign at the Memorial Garden with a scannable code so visitors can find out more about our organization and make donations right there.

This year, rather than an event, we invite you to visit the WelLFLeet Memorial Garden, and when you're there, we ask that as you to think of the loved ones in your lives lost too soon, and that you consider ways LFL can continue to be change-makers in our community.

High School Graduate Showcase

This year the Live for Lou Board of Directors selected three scholars from Nauset Regional High School.

Sophia Ryan, Brewster, is currently attending Springfield College for Substance Abuse Counseling with a focus on Mental Health. Sophia was awarded \$5,000 through our Substance Abuse Counseling Scholarship Program

Timothy Johnson, Brewster, is currently attending Bates College, pursuing Neuroscience. In college, Timothy will continue to participate in swimming. **Myles Santos**, Provincetown, is currently attending Mass Maritime Academy, pursuing Marine Engineering. Myles will continue to pursue football in college. Both gentlemen were awarded \$2,500 through out Athlete's Scholarship.





Would you like to remember someone in the WelLFLeet Memorial Garden?

Naming Opportunity	Value	Details
Mindful Sponsor	\$150	Small plant with small garden stone
Contemplative Sponsor	\$500	Small plant with large garden stone
*Reminisce Sponsor	\$1000	Large plant with Garden Plaque
*Reflective Sponsor	\$2500	Large paving stone with inscription (around fountain)

*Options are limited. Contact Katrina Kozak for more info kkozak@lathamcenters.org